Giffards Primary School Pupil Anti Bullying Policy; April 2020

Giffards is a place where everyone is valued and has the right to be themselves. It's a place where everyone can feel safe, be happy and learn. Everyone at our school is included and we expect everyone to act with respect and kindness towards each other. Our school takes bullying very seriously and it is not tolerated.

Bullying is;

When someone hurts another person more than once using behaviour which is meant to scare hurt or upset them.

S Several **T** Times **O** On **P** Purpose

Types of bullying;

Emotional bullying is hurting someone's feelings, leaving them out or bossing them about.

Physical bullying is punching, kickng, spitting, hitting or pushing someone.

Verbal bullying is teasing someone, calling them names or using hand signs.

Racist means bullying someone because of their skin colour, race or what they believe in.

Homophobic means bullying someone because of their gender or sexuality, calling someone gay or lesbian would be homophobic.

Sexist means bullying someone because of their sex (whether they are a boy or girl).

Cyberbullying involves sending unkind messages over the internet using social media or text messaging.

Bullying can be done through another person by one person asking another person to say nasty things.

STOP BULLYING

Bullying is NOT;

- Falling out with a friend.
- An accident.
- Something that only happens once.
- A one of physical act of aggression e.g pushing .

If you are being bullied;

S Start

T Telling

O Other

P People

DO ask them to stop.

DO ignore them and walk away.

DO tell an adult.

DO talk to a friend.

DO talk to an Anti Bullying Ambassador.

DO talk to your family.

DO use the worry box.

DON'T get angry or fight back.

DON'T do what they say.

DON'T think it is your fault.

DON'T hide it.

If you see someone being bullied;

Tell an adult straight away—this will stop the bullying.

Do not try and get involved—you may end up getting hurt or you could get in trouble yourself.

Do not stay silent or the bullying may carry on.

Comfort the person who has been bullied and tell them to speak to an adult.

don't stand by! stand up stand strong stand together

STAND TOGETHER & STOP BULLYING

We do not tolerate bullying in our school. Adults will work with you and help stop bullying. They will talk to the bully. There will be a consequence to their actions. We will talk to your parents and the parents of the person who bullied.

You can call Childline for free any time 0800 11 11